



MICHIGAN CENTER ON THE
DEMOGRAPHY OF AGING
UNIVERSITY OF MICHIGAN

Enhancing the study of chronic disease risk factors across the life course in U.S. population-representative studies

December 4 & 5, 2025

Institute for Social Research, 426 Thompson Street, Ann Arbor, MI

[Zoom Link](#)

[Meeting Google Drive Link](#)

Agenda

December 4, 2025: 6th Floor ISR, Room 6050

8:30-9:00 Light breakfast

9:00-9:20 Welcome

Esther Friedman, MiCDA/LSoA

Pam Davis-Kean, SRC

Emerald Nguyen, NIA

Susan Jekielek, Randy Capps, NICHD

Janine Simmons, OBSSR

John Phillips, NIH

9:20-9:50 Introductions (Study affiliation [if applicable], Role in meeting)

9:50-10:15 Overview of Meeting (Esther Friedman)

10:15-11:00 Characteristics of population-based studies and currently available measures
(Vicki Freedman & Esther Friedman)

11:00-12:00 Fifth Workgroup Selection (Moderator: Pamela Herd)

11:00-11:15 Break; Break into Small groups of 4-6; Breakout groups online of 4-6

11:15-11:30 Small group discussion of fifth workgroup option

11:30-12:00 Groups report out suggestions; select fifth group as needed

12:00-1:00 Lunch

1:00-1:45 Introduce groups, charge & sign ups (in room / for virtual attendees use [google doc](#)) (Moderator: Esther Friedman)

Sponsored by the Institute for Social Research's Survey Research Center and the Michigan Center on the Demography of Aging, with funding from the National Institute on Aging.



WORKGROUPS:

Group 1: **Wearables**, Facilitators: Jen Schrack, Kira Birditt - **3063 DADC Bay (Zoom capability) - 3rd Floor ISR**

Group 2: **Biomarker A**: Colter, Allison (virtual) [Genetics & Epigenetics; Inflammation/Immune function/Cardiovascular; Chemical exposures (pesticides, metals, etc.); Drug tests (legal, illegal); Systems function (glucose, kidney function, liver function)] - **SRC Directors Office (Zoom Room) - 1st Floor ISR**

Group 3: **Biomarker B**: Jessica Faul, Bharat Thyagarajan [RNA; Microbiome, Nutrition & Metabolomics; Neurological/dementia; Hormones (stress, testosterone, estrogen, etc.), Imaging (MRI, ultrasound, PET scans, etc.)] - **2443 D3C Conference Room (Zoom Room) - 2nd Floor ISR**

Group 4: **Contextual linkages**: Sarah Adar (Meredith Pedde), Grace Noppert - **3263 PSID Conference Room (Zoom Room) - 3rd Floor ISR**

Group 5: **Focus & Facilitators TBD - 6050 ISR - 6th Floor ISR**

Charge to Workgroups: (1) Review slides & detailed tables summarizing existing collections in your topic areas; (2) identify gaps in age groups for existing measures; (3) identify new measures to be collected; (4) provide justification for suggestions; (5) prioritize suggestions in terms of importance to understanding of chronic disease development, feasibility of collection, and cost; (6) take notes in a shared google doc and develop a 30 minute presentation using slides in the google directory.

Facilitators' Role: Lead group discussion making sure all voices are heard both in person and online; ensure notes are taken in a google doc (by someone in group); ensure 30- minute presentation is created preferably using slides in the google directory (by group); identify presenter(s) to represent group findings for Day 2.

1:45 - 2:00 Go to group meeting room (see room numbers above) / virtual attendees will be put in break out rooms via [zoom link](#)

2:00 - 4:00 Groups 1-3 & 5 meetings

3:00 - 5:00 Group 4 meeting: Contextual factors group meeting

6:00 Optional group dinner for study leaders, facilitators, guests (Sava's 216 South State Street, 6 pm; prior RSVP required)

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December 5, 2025: First Floor ISR, Room 1430

[Zoom Link](#)

8:30-9:00 Light breakfast

9:00-9:15 Overview of Day (Esther Friedman)

9:15-12:00 Groups 1-3 Present, each followed by discussion (Moderator: Sunghee Lee)

12:00-1:00 Lunch (Q&A w/Sponsors 12:30-1:00)

1:00-2:30 Groups 4-5 present, each followed by discussion (Moderator: Colter

Mitchell) 2:30-2:45 Break

2:45-3:30 Open discussion, Next steps (Moderator: Brady West)

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